



Nutrition & School Meals (NSM) Unit
39 Woodland Street
Hartford, CT 06105

RELEASE OF INFORMATION FORM
Free & Reduced Meal Status 2022-2023 School Year

Dear Parent/Guardian:

Your written permission is required to share your child’s confidential free or reduced-price meal status with the school’s counselors for possible financial assistance. Free and reduced meal information is private, confidential information and is treated as such within our school district.

Instructions: Complete the information for your child that attends a **Connecticut Technical High School. One form per child.** The information you authorize to share will be based on the status of a completed 2022-2023 Alternate Income Survey or direct notification letter from the Connecticut State Department of Social Services. By signing this form, you are certifying that you are the parent/guardian of the child for whom this request is being made. Note: Sending in this form will not change whether your child receives free or reduced-price meals, nor will your financial information be shared, only the student’s meal status. This form must be completed every school year.

IMPORTANT: This form does not provide and does not promise assistance for the programs listed below. Requests for assistance are coordinated by the school staff. Please direct questions regarding assistance to your child’s school counselor.

Yes, I do want my child’s free or reduced meal status shared with the school’s counselor for **possible assistance** with **ALL** programs listed below or **check all that apply**. Refer to the reverse side for examples of these items.

- | | | |
|--|--|--|
| <input type="checkbox"/> 1. School Activities | <input type="checkbox"/> 6. College Application Fees | <input type="checkbox"/> 11. AP Classes/Courses |
| <input type="checkbox"/> 2. School Donated Gifts | <input type="checkbox"/> 7. Trade Related Tools | <input type="checkbox"/> 12. College Classes/Courses |
| <input type="checkbox"/> 3. Summer Activities | <input type="checkbox"/> 8. Employment Opportunities | <input type="checkbox"/> 13. Class Expenses |
| <input type="checkbox"/> 4. Scholarships | <input type="checkbox"/> 9. Grant Funded Programs | <input type="checkbox"/> 14. Uniforms |
| <input type="checkbox"/> 5. Testing Fees | <input type="checkbox"/> 10. Summer School | |

No, I do not want my child’s free or reduced meal status shared to the school staff.

By checking this box, your child’s free or reduced-price meal information will not be shared with the school counselor.

Child’s Name: _____ **Date of Birth:** _____

School: Ella T Grasso Technical High School **Student ID #** _____ **Grade:** _____

Parent/Guardian Name (signature): _____ **Date:** _____

Parent/Guardian Name (print): _____

Parent/Guardian E-mail Address: _____

Nondiscrimination Statement: This explains what to do if you believe you have been treated unfairly. In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA. Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English. To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by: (1) mail: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue SW, Washington, D.C. 20250-9410; (2) fax: (202) 690-7442; or (3) email: program.intake@usda.gov. This institution is an equal opportunity provider.



CONNECTICUT TECHNICAL EDUCATION
AND CAREER SYSTEM

Nutrition & School Meals (NSM) Unit
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Hartford, CT 06105

**Levels of assistance may vary at each school;
Contact your child's guidance counselor for clarification**

1. **School Activities**
 - *Financial assistance may be offered for School Activities such as Fields Trips to students in financial need*
2. **School Donated Gifts**
 - *School donated gift baskets may be offered during the holiday season to families in financial need*
3. **Summer Activities**
 - *Summer activities may be offered to students in financial need*
4. **Scholarships**
 - *Scholarships may be offered to students in financial need*
5. **Testing Fees**
 - *A reduced fee may be offered for tests such as PSAT, SAT, ACT for students in financial need*
6. **College Application Fees**
 - *College application fees may be reduced to students in financial need*
7. **Trade Related Tools**
 - *Trade/Shop tools may be offered to students in financial need*
8. **Employment Opportunities**
 - *Summer Youth Employment may be offered for students in financial need*
9. **Grant Funded Programs**
 - *Grant funded programs may be offered to students in financial need*
10. **Summer School/Credit Recovery/PLATO**
 - *A reduced fee may be offered to students in financial need*
11. **AP Classes/Courses**
 - *A reduced fee may be offered to students in financial need*
12. **College Classes/Courses**
 - *A reduced fee may be offered for UCONN Early College Experience (ECE) for students in financial need*
13. **Class Expenses**
 - *Student's class expenses may be reduced for students in financial need*
14. **Uniforms**
 - *School uniforms may be offered to students in financial need*