

APRIL 2023

DID YOU KNOW? A balanced, heathy breakfast is available to ALL students AT NO CHARGE every school morning. Get your day off to a great start with SCHOOL BREAKFAST!

CT Technical Education & Career System

Friday Wednesday Monday **Tuesday Thursday** Crispy or Spicy Chicken Double Stuffed Pasta Roll Sweet 'n Sour Diced Chicken Chefs Choice Good Friday Patty on Bun w/ Marinara Over Rice Pilaf Mixed Garden Salad Oven Fries Steamed Broccoli Florets **Honey Ginger Carrots Tuscan White Beans** No School! Tomato & Basil Salad **Fruit Choices** Steamed Green Beans **Fruit Choices** Fruit Choices Milk Choice Milk Choice Fruit Choices Milk Choice Milk Choice MIN 13 April Vacation 2 No School! April 10th- 14th Chicken Fajita Baked Mac & Cheese 19 Breaded Ravioli Cheese Pizza w/ Corn Dog Nuggets Confetti Corn Salad **Garlic Bread Stick** w/ Marinara **Assorted Toppings Cuban Black Beans Sweet Green Peas** Garlic Broccoli Pizza Green Beans Mixed Garden Salad Oven Fries **Sweet Potato Wedges** Steamed Cauliflower **Fruit Choices** Fruit Choices **Fruit Choices** Fruit Choices Milk Choice Milk Choice Milk Choice Fruit Choices Milk Choice Milk Choice 1 Nardone's French 26 American Chop Suey Breaded Drumstick **Brunch for Lunch** Beef Taco Turkey Sausage, Egg, **Bread Pizza** Garlic Knot Roll Mexican Street Corn Mashed Potatoes & Cheese on English Muffin Mixed Garden Salad Mojo Red Beans Steamed Broccoli Florets Kernel Corn Sauteed Summer Squash **Ranch Style Potatoes Fruit Choices** Roasted Butternut Squash Warm Dinner Roll Fresh Baby Carrots Fruit Choices Milk Choice Milk Choice Fruit Choices Milk Choice Fruit Choices Milk Choice Fruit Choices Milk Choice