



DECEMBER 2024

Connecticut Technical Education & Career System

DID YOU KNOW? A balanced, healthy breakfast is available to ALL students AT NO CHARGE every school morning. Get your day off to a great start with SCHOOL BREAKFAST

Monday

Breaded Chicken Strips **2**
Tater Tots
Warm Dinner Roll
Steamed Broccoli Florets
Fruit Choices Milk Choice

Hamburger/Cheeseburger **9**
On Bun
Sweet Potato Fries
Cucumber/Tomato Salad
Fruit Choices Milk Choice

Breaded Chicken Filet **16**
On Bun
Seasoned Potato Wedges
Honey Glazed Carrots
Fruit Choices Milk Choice

23

30

Tuesday

Meatball Grinder **3**
Steamed Green Beans
Seasoned Potato Wedges
Fruit Choices
Milk Choices

Breaded Drumstick **10**
Mashed Potatoes
Kernel Corn
Honey Biscuit
Fruit Choices Milk Choice

Pasta w/ Meat Sauce **17**
Garlic Knot Roll
Sauteed Zucchini & Tomatoes
Pizza Green Beans
Fruit Choices Milk Choice

24

31

Wednesday

App Sampler! **4**
Mac & Cheese Bites
Cheese Stuffed Breadstick
Buffalo Cauliflower
Sweet Green Peas
Fruit Choices Milk Choice

Brunch for Lunch **11**
Sausage, Egg, and Cheese
on English Muffin
Home Fried Potatoes
Fresh Baby Carrots
Fruit Choices Milk Choice

Chicken, Corn, & **18**
Mashed Potato Bowl
Honey Biscuit
Fresh Baby Carrots
Fruit Choices Milk Choice

Holiday Break **25**
Dec 23 – Jan 1
No School!

Thursday

Beef & Cheese Nachos **5**
Steamed Green Beans
Spanish Rice
Fiesta Red Beans
Fruit Choices Milk Choice

Beef & Bean Chili **12**
Warm Dinner Roll
Honey Glazed Carrots
Fruit Choices
Milk Choice

Chicken Fajitas **19**
Southwest Bean Salad
Mexican Street Corn
Fruit Choices
Milk Choice

26

Friday

Breaded Mozzarella Sticks **6**
w/ Marinara Sauce
Warm Dinner Roll
Lemon Roasted Carrots
Fruit Choices Milk Choice

Cheese Pizza w/ **13**
Assorted Toppings
Mixed Garden Salad
Steamed Broccoli Florets
Fruit Choices Milk Choice

Nardone's Cheese Pizza **20**
w/ Assorted Toppings
Mixed Garden Salad
Marinated Broccoli
Fruit Choices Milk Choice

27

Daily Entrée Options May Include Assorted Sandwiches and Chef Salads
Fruit Options Include Fresh, Canned in Light Syrup or Juice, Dried, and 100% Fruit Juice
Milk Choices Include: 1% White, Fat Free Chocolate, and Lactaid

This institution is an equal opportunity provider.

Due to unprecedented supply and delivery issues this menu is subject to change

