## **MARCH 2025**

Connecticut Technical Education & Career System

DID YOU KNOW? A balanced, healthy breakfast is available to ALL students AT NO CHARGE every school morning! Get you day off to a great start with SCHOOL BREAKFAST.

Monday	Tuesday	Wednesday	Thursday	Friday
Breaded Chicken Strip3 Tater Tots Warm Dinner Roll Kale and Apple Salad Fruit Choices Milk Choice	Beef & Cheese Nachos 4 Steamed Green Beans Spanish Rice Fiesta Red Beans Fruit Choices Milk Choice	App Sampler! 5 Mac & Cheese Bites Cheese Stuffed Breadstick Buffalo Cauliflower Sweet Green Peas Fruit Choices Milk Choice	General Tso's Rice Bow Popcorn Smackers, Rice, Steamed Broccoli Florets Honey Glazed Carrots Fruit Choices Milk Choice	Breaded Mozzarella Sticks w/ Marinara Sauce Warm Dinner Roll Lemon Roasted Carrots Fruit Choices Milk Choice
Cheese Pizza w/ Assorted Toppings Mixed Garden Salad Sauteed Summer Squash Fruit Choices Milk Choice	Beef Tacos Cuban Black Beans Pico de Gallo Fruit Choices Milk Choice	Brunch for Lunch French Toast Sticks Turkey Sausage Links Home Fried Potatoes Fresh Baby Carrots Fruit Choices Milk Choice	Chicken Fajitas 13 Southwest Bean Salad Mexican Street Corn Fruit Choices Milk Choice	Breaded Chicken Filet 4 On Bun Seasoned Potato Wedges Honey Glazed Carrots Fruit Choices Milk Choice
Cheese Quesadilla Pizza7 Mixed Garden Salad Buffalo Cauliflower Fruit Choices Milk Choice	Toasted Cheese Sandwich Tomato Soup Oven Fries Fruit Choices Milk Choice	Buffalo Popcorn Smackers Carrot and Celery Sticks Rice Pilaf Confetti Corn Salad Fruit Choices Milk Choice	American Chop Sue 20 Steamed Green Beans Cucumbers w/ Dill Garlic Knot Roll Fruit Choices Milk Choice	Hamburger/Cheesebu 2 T On Bun Sweet Potato Fries Cucumber/Tomato Salad Fruit Choices Milk Choice
Nardone's Cheese Piz 24 w/ Assorted Toppings Mixed Garden Salad Marinated Broccoli Fruit Choices Milk Choice	Chicken & Waffles 25 BBQ Baked Beans Honey Glazed Carrots Fruit Choices Milk Choice	Cheese Stuffed Brea Marinara Cup Seasoned Green Beans Fruit Choices Milk Choice	Baseball Opening Day 27 Hot Dog Popcorn Coleslaw Smiley Fries Fruit Choices Milk Choice	Skills USA <sup>28</sup> No School!
Breaded Chicken Strip <b>31</b> Tater Tots Warm Dinner Roll Kale and Apple Salad Fruit Choices Milk Choice				

Daily Entrée Options May Include Assorted Sandwiches and Chef Salads Fruit Options Include Fresh, Canned in Light Syrup or Juice, Dried, and 100% Fruit Juice Milk Choices Include: 1%, Fat Free Chocolate, and Lactaid

This institution is an equal opportunity provider.

Due to unprecedented supply and delivery issues this menu is subject to change